

**GLOBUS**  
ITALIAN EXCELLENCE

invites you to the  
**WORKSHOP**

# DiaCaRe TecarTherapy

19<sup>th</sup> - 20<sup>th</sup> November



 19<sup>th</sup> Nov.  11 am - 11.45 am |  20<sup>th</sup> Nov.  2.30 pm - 3.15 pm



## PROGRAM 01

THE USE OF GLOBUS TECAR DiaCaRe & GLOBUS FASCIA TOOLS IN MYOFASCIAL PAIN SYNDROMES



TREATMENT OF CHRONIC CERVICALGIA

TREATMENT OF IRRADIATIVE LOW BACK PAIN

TREATMENT OF PLANTAR FASCIITIS

 19<sup>th</sup> Nov.  2.30 pm - 3.15 pm |  20<sup>th</sup> Nov.  11 am - 11.45 am



## PROGRAM 02

FROM ACUTE INJURY TO RETURN TO PLAY: THE THERAPEUTIC POSSIBILITIES OF GLOBUS TECAR DiaCaRe



TREATMENT IN THE ACUTE PHASE

TRANSDERMAL DELIVERY

HOW TO WORK WITH FREQUENCIES

THE KEY ROLE OF THE HANDS FREE

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**GLOBUS**  
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**kineo**  
INTELLIGENT LOAD

19<sup>th</sup> - 20<sup>th</sup> November



 19<sup>th</sup> Nov.  11.45 am - 12.30 pm |  20<sup>th</sup> Nov.  3.15 pm - 4 pm



### PROGRAM 01

**STRENGTH EVALUATION IN AN ACL PATIENT AND DECISION MAKING FOR THE EXERCISE-BASED RECOVERY PROGRAM**



CLOSED KINETIC CHAIN TESTING FOR CONCENTRIC AND ECCENTRIC CAPACITIES

FORCE DEFICIT TESTING BETWEEN INJURED AND HEALTHY LIMB

CURVES & DATA ANALYSIS

 19<sup>th</sup> Nov.  3.15 pm - 4 pm |  20<sup>th</sup> Nov.  11.45 am - 12.30 pm



### PROGRAM 02

**PERSONALIZATION OF A REHAB EXERCISE WITH KINEO INTELLIGENT LOAD: PRACTICAL APPLICATIONS**



WHERE TO START WITH THE BIPHASIC LOADS

TRAINING METHODS CRITERIA OF CHOICE AND PROGRESSION

SPORT-SPECIFIC ADAPTATIONS: PRACTICAL EXAMPLES

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