

KINEO LEG PRO

TECHNICAL SPECIFICATIONS

Dimensions (LxDxH)

240x90x185 cm

Footprint Area (LxDxH)

310x90x185 cm

Weighth

365 Kg

Electric motor

Nominal power 1.6 kW

Power supply

Tension: 230 V - Frequency: 50/60 Hz

Maximal current: 8 A

Min/Max Leg Extension load

10-630 N·m

Min/Max Leg Curl load

1-110 Kg

Min/Max Isokinetic Speeds

0.1-4 m/s

Min/Max Leg Extension Isokinetic Speeds

12-778 °/s

FEATURES

- Wi-Fi connection and remote control
- 2 15.6" touch-screen displays
- 2 USB ports
- Integrated memory and automatic archive system
- Italian high-quality leather

HARDWARE

- Electric motor that produces variable and controlled torque
- Leg Extension workstation
- Leg Curl workstation

ACCESSORIES

- Kit Leg Press
- Kit Squat
- Squat wooden platform

COMPLIANCE



KINEO LEG PRO

SOFTWARE CONFIGURATIONS

TRAINING METHODS



ISOTONIC NIT (NO INERTIA)



ISOTONIC WIT (WITH INERTIA)



ELASTIC



SMART VISCOUS



VARIABLE LOAD



ISOMETRIC



ISOKINETIC

TESTS

CONCENTRIC MAX STRENGTH TEST

CONCENTRIC BALANCE STRENGTH TEST

POWER TEST

ECCENTRIC MAX STRENGTH TEST

ECCENTRIC BALANCE STRENGTH TEST

JUMP POWER TEST

ISOMETRIC MAX STRENGTH TEST

ISOMETRIC BALANCE STRENGTH TEST

ISOKINETIC MAX STRENGTH TEST

ISOKINETIC BALANCE STRENGTH TEST

ISOKINETIC CONCENTRIC/ECCENTRIC RATIO TEST



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INTELLIGENT LOAD