

GLOBUS

ITALIAN EXCELLENCE

PressCare G250

Compression therapy. Comfort for you, anytime.



User Manual



CE

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Storage of the instruction manual

Keep the instruction manual in a suitable place for its safekeeping and, in any case, in the location where the product is used. The document must be kept for the entire lifetime of the product, so as to serve as an adequate reference for all possible requirements.

The devices in the **PressCare G250** range are manufactured by:

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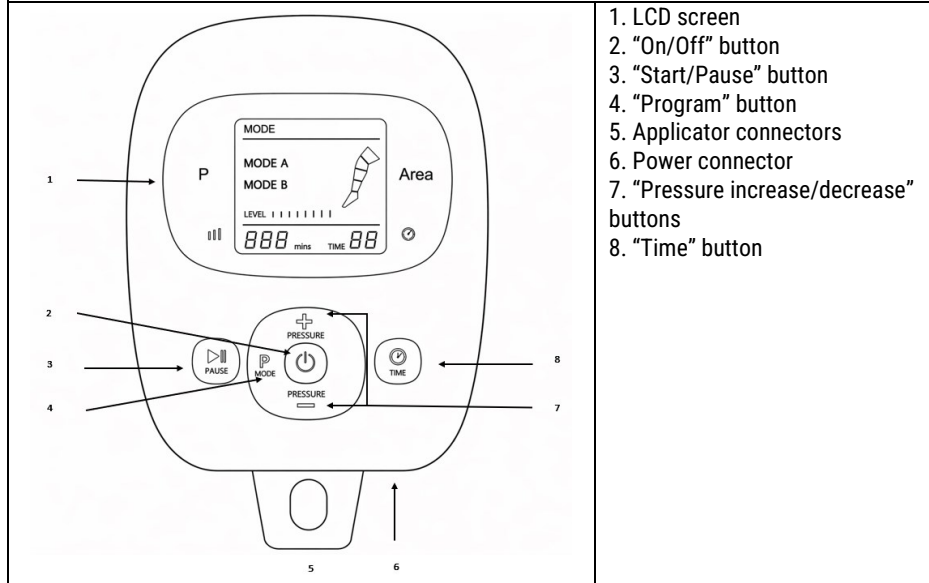
1. Technical specifications

Model name	PressCare G250
Product name	Leg massager
Colour	Black
Dimensions (L*W*H) mm	(172.5*133.5*71)
Device weight (g)	645
Display	LCD
Device material	PC-ABS
Pressure (mmHg)	40 to 160 (in 10-unit increments)
Treatment duration (min)	Adjustable from 10 to 30 (in 5-minute increments)
Inflation mode	2
Max. pressure (mmHg)	160
Power supply specifications	Manufacturer: Xiamen Invcy Electronics Co., Ltd. Model: IVP0950-2000G Input: 100-240 VAC, 50/60 Hz, 0.5 A Output: 9.5V --- , 2.0A, 19.0W

1.1. Product description

PressCare G250	
	1. PressCare G250 unit 2. Connector 3. Flexible tubes 4. Leg cuff zip 5. Leg chambers

PressCare G250 device – Interface and controls



1.2. Product variants

REF	Variant description
G7951	PressCare G250 S
G7952	PressCare G250 M
G7953	PressCare G250 L

1.3. Operating conditions

Temperature	-10 °C to +45 °C
Relative humidity	max 90%
Pressure	86 kPa to 105 kPa

1.4. Storage, handling and transport conditions

Temperature	from -10 °C to +60 °C
Relative humidity	max 90 %
Pressure	86 kPa to 105 kPa

2. Warranty conditions

The appliance is guaranteed to the first user for a period of twenty-four (24) months from the date of purchase against defects in materials or workmanship, and for twelve (12) months if the user uses it for professional purposes, provided it is used appropriately and maintained in normal working order.

The validity of the warranty is limited in the following cases:

- six (6) months for supplied accessories subject to wear and tear, such as power adaptors, cables, leg straps, armbands, abdominal belts and connectors.

This warranty is valid and effective in the country where the product was purchased. If the product was purchased in any country within the European Union, the warranty remains valid in all member states. To benefit from the warranty service, the user must comply with the following warranty terms:

1. Products must be sent for repair at the Customer's expense in their original packaging and with all original accessories included.
2. The product warranty is subject to the presentation of a proof of purchase (receipt, sales receipt or sales invoice) confirming the date of purchase.
3. The repair will not affect the original expiry date of the warranty and will not result in its renewal or extension.
4. Should no fault be found with the product during the repair process, the costs associated with the technical inspection will still be charged.
5. The warranty is void if the fault is caused by: knocks, drops, incorrect or improper use of the product, use of a non-original external power supply/charger, accidental events, alteration of the product, removal or tampering with the warranty seals and/or tampering with the product. Furthermore, the warranty does not cover damage caused during transport due to the use of unsuitable packaging (see point 1).
6. The warranty does not cover the inability to use the product, other incidental or consequential costs, or other expenses incurred by the purchaser.

N.B. Before returning the machine for repairs, we recommend that you read the instructions for use contained in the manual carefully and consult the Globus website.

If you need to send the product for servicing, please contact your dealer or the Globus customer service department.

3. Intended use

The devices in the PressCare G250 range are intended for use in the beauty, sports and personal wellness sectors. Please read the manual for correct use of the device. The recommended uses for the intended sectors are listed below.

SPORT

- Reduces fatigue
- Relaxes the muscles
- Aids recovery after training or between closely spaced sessions

- Optimises warm-up to improve performance

WELLBEING

- Stimulates microcirculation
- Reduces the feeling of heavy legs
- Promotes a sense of well-being
- Reduces muscle soreness

BEAUTY

- Stimulates drainage
- Reduces the sensation of swelling
- Combats water retention
- Improves the silhouette

4. Device classification

The devices comply with:

- REGULATION (EU) 2023/988 on general product safety
- Electromagnetic Compatibility Directive (2014/30/EU)
- Restriction of Hazardous Substances Directive (RoHS 2011/65/EU), including Amendment (EU) 2015/863.

5. Warnings and contraindications

5.1. Mandatory behaviour



Please read the entire instruction manual carefully before using the device and its components or accessories. Keep the manual in a suitable place and, in any case, where the device is used.

To ensure maximum safety, the user must operate the appliance in accordance with the instructions and operating limits set out in the user manual.

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The device must be used with the accessories supplied by Domino s.r.l.

It must be kept out of the reach of children.

5.2. Precautions before use

Upon receipt of the device, check the integrity of the packaging to ensure that has not been compromised.

If the device needs to be used near or on top of other equipment, check that it is working correctly.

If the casing, cable or power supply connector shows signs of wear or damage, replace it immediately.

Ensure that the user does not have any of the conditions listed in the “Contraindications” section. Always check the condition of the device and its accessories before each use (this is essential for carrying out the treatment).

We accept no liability for any use that deviates from the instructions and guidelines set out in this manual.

5.3. Precautions during use

Certain precautions must be followed when using the device.

- Cables and connectors must not be wrapped around a person’s neck to avoid any risk of strangulation or asphyxiation.
- Keep the device uncovered and ensure adequate ventilation around it during use.
- Ensure that the connecting tubes are not constricted, thus allowing a proper flow of air into the chambers.
- The device and its components are not protected against the ingress of liquids: do not pour any liquid onto the device or its components.
- Mobile and fixed radio communication equipment may affect the operation of the device.
- The device must not be used in the presence of flammable liquids.
- Keep the device in a dry place.

5.4. Contraindications

Absolute contraindications

The use of pressotherapy is contraindicated in the following cases:

1. Deep vein thrombosis (DVT)
2. Acute thrombophlebitis
3. Recent pulmonary embolism
4. Acute local infections (infectious cellulitis, erysipelas, bacterial skin infections)
5. Severe congestive heart failure
6. Pulmonary oedema
7. Severe arterial ischaemia (advanced peripheral arterial disease, e.g. ABI < 0.5)
8. Active malignant neoplasm in the treated area (particularly in the lymphatic system if not managed by a doctor).

Relative contraindications

Pressotherapy should only be used with caution or under medical supervision in the following cases:

1. Uncontrolled arterial hypertension
2. Marked capillary fragility
3. Cardiac oedema

4. Sensory disorders (diabetic neuropathy, reduced pain perception)
5. Pregnancy
6. Very painful varicose veins
7. Open wounds or dermatitis
8. Undiagnosed lymphoedema.

5.5. Adverse effects

No side effects have been reported. In specific cases, if not used in conjunction with complementary therapies, hardening of the oedema and chronic inflammation may occur.

6. Principles of action

Pressotherapy is not a simple mechanical treatment, but a precise method of sequential pneumatic compression designed to revitalise the tissues. Through a rhythmic, enveloping pressure wave, the device performs a draining massage of the fluids in the limbs, exerting beneficial effects on both the venous and lymphatic circulatory systems, restoring an immediate feeling of lightness to the whole body.

Pressotherapy for Sport

In the sporting context, pressotherapy proves to be an indispensable aid to post-exercise recovery. After a training session or a competition, the lower limbs are generally more swollen and the sensation of heaviness is more pronounced: a dedicated session accelerates muscle recovery, restoring elasticity and responsiveness to the muscles in a short space of time.

Protocol for use

To ensure maximum effectiveness and respect for the body's physiology, the treatment cycle strictly follows the natural flow of fluids in **a distal-to-proximal direction** (from the extremities towards the heart).

Operating sequence

Once the **leg sleeves** are in place, the pressure will start from the sole of the foot, rising smoothly and steadily towards the groin area. When using the **abdominal band**: inflation will start from the upper chamber, then gradually descend towards those closer to the groin.

7. Equipment and accessories

The products in the PressCare range are supplied complete with leg sleeves and connectors: therefore, once you have opened the packaging, please check that the standard equipment is complete. Should any items be missing, please contact the authorised retailer from whom you purchased the product.

7.1. Standard equipment

- 1 PressCare G250 device
- 2 Leg sleeves with integrated connectors (sizes S/M/L)
- 1 PressCare G250/G280 power supply
- 1 PressCare G250 user manual



7.2. Accessories

5-chamber leg sleeve, compatible with PressCare G250/G280, ambidextrous, available in three sizes (S/M/L). Material: nylon with PVC connectors.

- A - Groin-to-heel length**
- B - Thigh circumference**
- C - Ankle circumference**



REF	Item name	Item description
G7962	Leg sleeve G250/G280 - S	GROIN-TO-HEEL length: 75 cm THIGH circumference: 76 cm ANKLE circumference: 47 cm
G7963	Leg sleeve G250/G280 - M	GROIN-TO-HEEL length: 86 cm THIGH circumference: 80 cm ANKLE circumference: 48 cm
G7964	Leg sleeve G250/G280 - L	GROIN-TO-HEEL length: 97 cm THIGH circumference: 84 cm ANKLE circumference: 49 cm
G7968	G250/G280 Leg Sleeve Extension - S	The extension for leg sleeve increases the fit by approximately 7 cm at the ankle, and 9 cm at the thigh.
G7969	G250/G280 Leg Sleeve Extension - M	The extension for leg sleeve increases the fit by approximately 7 cm at the ankle, and 9 cm at the thigh.
G7970	G250/G280 Leg Sleeve Extension - L	The extension for leg sleeve increases the fit by approximately 7 cm at the ankle, and 9 cm at the thigh.

G7971	Abdominal band for G250/G280/G400	5-chamber accessory for treatments on the abdomen, hips and buttocks. Compatible with PressCare G250/G280/G400 devices. One size fits all. Dimensions: (125 x 35) cm Material: nylon with PVC connectors.
G7972	Abdominal band extension	Thanks to the Velcro, it can be attached to the abdominal band to improve the fit. One size fits all. Dimensions: (40 x 35) cm. Material: nylon.

8. Preparing the device for use

Remove the product and any parts from the packaging. Keep packaging materials out of the reach of children and do not dispose of them in the environment.

Before starting treatment, place the device on a flat surface. Connect the power supply to the device and to the mains (the device does not have a battery).



For the product to work properly, the user must wear the leg sleeves provided and connect both flexible tubes to the control unit.

To put on the leg sleeves: open the zip, put on the leg sleeve, close the zip. Connect the leg sleeve's flexible tube to the control unit, following the direction of the arrow on the connector.

If you need to increase the circumference of the leg sleeves, attach the extensions (available as an optional accessory) using the two zips.

Before starting the treatment, get into a comfortable position: sitting, reclining or lying down.



9. Preset programs

Program description	Chamber inflation sequence
MODE A LIGHT ACTIVATION (Warm Up): Progressive inflation of one chamber at a time for a gentle massage that promotes leg relaxation. <i>Ideal for: daily comfort, regaining a feeling of lightness between close training sessions, and a revitalizing massage before a competition.</i> Recommended session duration: 20–30 mins	
MODE B DEEP MASSAGE: Sequential inflation of all chambers followed by simultaneous deflation. The compression is more intense	

and enveloping, designed for a deeper action and a reshaping effect.	
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Ideal for: a more intense and deep massage.

Recommended session duration: 20–30 mins

9.1. Treatment frequency

Recommended weekly frequency

- Light use / maintenance: 2–3 sessions per week.
- Regular use / daily wellbeing: 3–5 sessions per week.
- Intensive use (short cycles): up to 5–6 sessions per week, alternating between the different programs available.

Treatment tips

- Alternate programs with more dynamic compression (e.g. MODE B) with more gradual and relaxing programs (e.g. MODE A) to promote comfort and variety of stimulation.
- The pressure level should always be comfortable and well tolerated: the compression should be felt as effective but never painful or excessively intense.
- At the end of the session, it is advisable to remain in a relaxed position for a few minutes, promoting a pleasant sensation of well-being and lightness.
- If the perceived result is not satisfactory, you can repeat the treatment in the following days by progressively adjusting the settings, gradually increasing the application time and/or pressure level until you find the setting best suited to your needs.
- If you experience discomfort, pain or an excessive sensation of compression, reduce the pressure level and consider gradually increasing the duration of the session, ensuring you remain comfortable throughout the treatment.

10. Instructions for use

Please read the safety precautions carefully before using the product. For a more effective massage, please use the product in accordance with the instructions.

Switching on and off: Press and hold the power button for 3 seconds to switch on the device.

The device has a memory function: on start-up, the last settings used (pressure level, inflation mode and treatment duration) are automatically recalled; these are set as the default configuration for the next session and shown on the display until the next command is given; during this phase, the word “Program” will flash until the new selected program starts.

To switch off the device, press and hold the on/off button again for 3 seconds.

WARNING: if no treatment is started, the device will switch off automatically after 3 minutes of inactivity.

Program selection: you can change the inflation mode (MODE A or MODE B) by pressing the “Program” button.

Pressure adjustment: there are 13 pressure levels, ranging from 40 to 160 mmHg. To adjust the massage intensity, use the pressure increase (+) and decrease (-) buttons. We recommend

setting the pressure to approximately 40 mmHg for the first use and then gradually increasing it if necessary.

Treatment duration: By pressing the “Time” button, you can increase the treatment duration by 5 minutes, from a minimum of 10 minutes to a maximum of 30 minutes. We recommend starting with short 10-minute treatments, then increasing the duration in subsequent sessions if necessary.

Starting and pausing the program: To start inflating the leg sleeves, after selecting the desired program, press the “Start/Pause” button. To stop inflation and maintain the pressure reached, press the same button again. When the program is paused, the word “Program” will flash on the screen. If the device does not receive a new command within 3 minutes, it will switch off.

End of treatment: After use, switch off the device and disconnect both leg sleeves from the device to allow the air to be released from the chambers.

11. Cleaning and maintenance

11.1. Cleaning

1. Before cleaning the device or its accessories: switch off the device and ensure it is disconnected from the mains.
2. If dirty, clean the control unit, sleeves and hoses with a clean, damp cloth.
3. Dry thoroughly with a clean cloth.
4. Do not allow foreign objects to enter the hoses.
5. Do not immerse the chambers and connecting tubes in water. Do not dry clean.
6. Do not use petrol, alcohol, do not use paint thinners, solvents, or abrasive cleaners to clean the machine, as these may cause malfunctions or damage or discolour the components.
7. Do not allow lint or dust to build up on the control unit or on the hose connections. If lint or dust does build up, wipe the entire system with a dry cloth before use.

Always check the washing symbols on the accessory label.

11.2. Storage

If not used for an extended period, store the product in a dry environment away from direct light. Protect the devices from dust by storing them, for example, in the original packaging or similar packaging. Do not place the devices near ignition sources or intense heat sources. Please also refer to the information in the section [5.1. Mandatory behaviour](#) and the section [1.4. Storage, handling and transport conditions](#).

11.3. Disposal

The product must be disposed of in accordance with the laws and regulations in force in your country.

12. Labelling and symbols

12.1. Description of symbols

	The CE mark indicates that the product complies with the requirements of Regulation (EU) 2023/988.	MADE IN PRC	Indicates that the product was manufactured in the People's Republic of China.
	Indicates that the instruction manual must be read before using the device.		Indicates a mandatory requirement.
	WEEE (Waste Electrical and Electronic Equipment) symbol. This indicates that the product must not be disposed of as unsorted waste but must be taken to designated collection points for recovery and recycling. The WEEE mark must appear on all electrical and electronic equipment placed on the EU market.		Indicates which materials should be disposed of as recyclable waste.
			Indicates that the product has been manufactured in accordance with Directive 2011/65/EC
			This indicates that the device's electrical class is 'Class II'
	Identifies the manufacturer		It identifies the date of manufacture.
	Identifies the importer.	Product name	It identifies the device's technology
REF	Indicates the product's item code.	SN	Indicates the product's serial number.
	Shown on the outer packaging, it indicates the temperature range for transport, storage and preservation of the product.	DC Input	Specifies the device's power supply values.
	Shown on the outer packaging, it indicates the relative humidity range for transport, storage and preservation of the product.	Output	Specifies the device's performance.

	Shown on the outer packaging, it indicates the pressure range for the transport, storage and preservation of the product.	DC Power supply	Identifies the specifications, manufacturer and model of the DC power supply.
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12.2. Device labelling



12.3. Accessories labelling

	This symbol on your device indicates that it complies with the requirements of current directives.		Do not wash
MADE IN PRC	Indicates that the product is manufactured in the People's Republic of China.		Do not iron
REF	Indicates the product's item code.		Do not wring

13. Troubleshooting

Symptom	Possible cause	Solution
The device is not working and the screen is off.	1. The device is not connected to the power supply. 2. The power supply is not connected to the mains. 3. There is no mains power.	1. Press the power button to switch on the control unit. 2. Ensure that the power supply is correctly connected to the control unit and the wall socket. 3. Check that the wall socket is working.
The device screen is on, but the chambers are not inflating.	1. Only one of the sleeves is attached to the air tube. 2. The air tubes are not securely connected. 3. The hoses have been damaged.	1. Connect both hoses. 2. Check that the air tubes are correctly connected. 3. Check the hoses for air leaks and ensure they are undamaged.
Inflation stops during operation.	1. The air tubes are no longer securely connected. 2. There are leaks from the tubes or leg sleeves. 3. The preset program time has elapsed.	1. Check that the air tubes are connected correctly. 2. Check for air leaks from the tubes or the leg chambers. 3. The device will switch off automatically when the preset time has elapsed; press the power button to start a new session if necessary.

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